

# LIDO MARKET

## good morning

### BREAD BOARD

#### *bread and rolls*

6 SEED, WHOLE GRAIN, RAISIN, PUMPERNICKEL,  
FRENCH BAGUETTE, SESAME, POPPYSEED

#### *donuts and Danishes*

SELECTION OF DAILY OFFERINGS

#### *croissants*

BUTTER, CHOCOLATE

#### *muffins*

CHOCOLATE, BLUEBERRY, BRAN  
DAILY NO SUGAR ADDED OFFERING

### WILD HARVEST

#### *omelette station \**

WHOLE EGGS, EGG WHITES, EGG BEATERS  
assorted vegetables, meats, cheeses

#### *sides*

sausage patties and links, bacon  
hash browns  
freshly baked breads, muffins, rolls, croissants

### DISTANT LANDS ASIA

#### CONGEE

choice of tofu, beef, chicken  
seaweed, boiled egg, roasted garlic, bonito, chili oil, fish sauce

#### EGGS BENEDICT \*

#### EGGS FLORENTINE \*

#### SCRAMBLED EGGS \*

#### *sides*

sausage links and patties, bacon, English bacon and bangers  
grilled mushrooms and tomatoes  
ensaïmada, pandesal

### DISTANT LANDS ITALY

#### *waffle and crepe station*

BUTTERMILK, APPLE-CINNAMON, CHOCOLATE  
assortment of toppings, compotes, syrups and sauces

#### *sides*

chopped fruit, melons  
sausage links, bacon  
freshly baked breads, muffins, rolls, croissants  
GLUTEN-FREE AND VEGAN BREAD OFFERINGS

### HOMESTEAD

#### *griddle*

PLAIN, BLUEBERRY, BANANA PANCAKES  
FRENCH TOAST  
SCRAMBLED AND FRIED EGGS \*

#### *sides*

pork and turkey sausage links and patties  
pork and turkey bacon  
selection of deli cold cuts and cheeses  
grits, oats  
smoked salmon plate \*

### SWEET SPOT

#### *yogurt*

SELECTION OF GREEK YOGURTS  
choices of plain, vanilla, nonfat, fruit  
accompaniments of fruit purees, mixed nuts, oats, flax seeds

#### *cereal bar*

CHEERIOS, CORN FLAKES, GRANOLA,  
RAISIN BRAN, RICE KRISPIES, SPECIAL K

#### *sides*

chopped fruits, prune compote, grapefruit segments  
cottage cheese  
muesli  
assortment of Danishes

If you have a food allergy or intolerance please inform your server before placing your order.

\* Public Health Advisory: Consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase the risk for foodborne illness, especially if the consumer has certain medical conditions.